

## Letters of Recommendation Information 2026

### Frequently Asked Questions:

- **What are Letters of Recommendation (LORs)?**
  - Letters of recommendation are an **OPTIONAL** way for a Potential New Member (PNM) to be introduced to a sorority.
  - These are mostly forms to be filled out online, not written as a traditional letter.
- **Are LoRs important?**
  - No sorority at UGA requires a Letter of Recommendation to consider someone for membership. ***Having one or not will not affect whether you receive a bid.***
- **How many LoRs should I have?**
  - Quality over quantity! More letters don't increase your chances of receiving a bid or enjoying the recruitment experience. Instead, focus your energy on your registration form and Round 1 video response, those matter more.
- **Who can write a LoR?**
  - Some sororities only accept LoRs from Alumni members, some accept from Alumni and current collegiate members, and some will accept a LoR from anyone. Refer to the table below for eligibility.
- **How do I go about finding people to complete a LoR for me?**
  - Ask someone who knows you personally and can genuinely speak to your character, accomplishments, and personality. This could be a family member, teacher, coach, neighbor, employer, etc.
  - **We do not recommend asking a stranger to complete a letter of recommendation for you.**
  - Once you identify a person who is willing to write one for you, send them the link and due date. It's always nice to follow up with a thank you!
- **Should I send more than one LoR per sorority?**
  - No, do not send more than one LoR to the same sorority.
- **Should I send chapters a resume or headshot?**
  - Nope! Chapters do not need any more materials other than what you put in your registration form. The registration asks for your activities, experiences, etc. so typical resume information will be there. Do not email or mail chapters additional information.
- **If a sorority accepts from Alumni only, does it have to be from a UGA Alumni?**
  - No-it can be from alumni of *any* chapter of that sorority, not just UGA.
- **If a sorority accepts LoRs from anyone, what does that mean?**
  - It means that anyone that knows the PNM well and can speak to her character can complete it, whether they are a member of that sorority or not.
- **What if I don't know anyone in a sorority?**
  - That is totally okay! Having or not having LoRs will not impact your recruitment experience.

Feel free to contact [panhellenicrec@uga.edu](mailto:panhellenicrec@uga.edu) or call the Greek Life Office at (706) 542-4612 with any questions.



| Sorority          | Accepts LoRs from:  | Submission  | Due Date                |
|-------------------|---|---|-------------------------|
| Alpha Chi Omega   | Alumni of Alpha Chi Omega (any university)                          | <a href="#">Alpha Chi Omega Submission Link</a>                             | August 1 <sup>st</sup>  |
| Alpha Delta Pi    | Alumni of Alpha Delta Pi (any university)                           | <a href="#">Alpha Delta Pi Submission Link</a>                              | July 31 <sup>st</sup>   |
| Alpha Gamma Delta | Anyone (members and non-members)                                    | <a href="#">Alpha Gamma Delta Submission Link</a>                           | August 10 <sup>th</sup> |
| Alpha Omicron Pi  | Anyone (members and non-members)                                    | <a href="#">Alpha Omicron Pi Submission Link</a>                            | July 31 <sup>st</sup>   |
| Alpha Phi         | Alumni and collegiate members of Alpha Phi (any university)         | <a href="#">Alpha Phi Submission Link</a>                                   | July 31 <sup>st</sup>   |
| Alpha Xi Delta    | Anyone (members and non-members)                                    | <a href="#">Alpha Xi Delta Submission Link</a>                              | July 31 <sup>st</sup>   |
| Chi Omega         | Alumni and collegiate members of Chi Omega (any university)         | <a href="#">Chi Omega Submission Link</a>                                   | July 17 <sup>th</sup>   |
| Delta Delta Delta | Alumni and collegiate members of Delta Delta Delta (any university) | <a href="#">Delta Delta Delta Submission Link</a>                           | August 1 <sup>st</sup>  |
| Delta Gamma       | Anyone (members and non-members)                                    | <a href="#">Delta Gamma Submission Link</a>                                 | July 30 <sup>th</sup>   |
| Delta Phi Epsilon | Anyone (members and non-members)                                    | Emailed to <a href="mailto:ugadphievpr@gmail.com">ugadphievpr@gmail.com</a> | August 1 <sup>st</sup>  |
| Delta Zeta        | Alumni of Delta Zeta (any university)                               | <a href="#">Delta Zeta Submission Link</a>                                  | August 1 <sup>st</sup>  |
| Gamma Phi Beta    | Anyone (members and non-members)                                    | <a href="#">Gamma Phi Beta Submission Link</a>                              | August 3 <sup>rd</sup>  |
| Kappa Alpha Theta | Anyone (members and non-members)                                    | <a href="#">Kappa Alpha Theta Submission Link</a>                           | July 31 <sup>st</sup>   |
| Kappa Delta       | Alumni of Kappa Delta (from any university)                         | <a href="#">Kappa Delta Submission Link</a>                                 | August 3 <sup>rd</sup>  |



|                   |  |   |                        |
|-------------------|--|---|------------------------|
| Kappa Kappa Gamma | Alumni of Kappa Kappa Gamma (from any university)                              | <a href="#">Kappa Kappa Gamma Submission Link</a>                       | August 1 <sup>st</sup> |
| Phi Mu            | Does not accept LoRs   | N/A   | N/A                    |
| Pi Beta Phi       | Alumni of Pi Beta Phi (from any university)                                    | <a href="#">Pi Beta Phi Submission Link</a>                             | July 31 <sup>st</sup>  |
| Sigma Delta Tau   | Alumni and current collegiate members of Sigma Delta Tau (from any university) | <a href="#">Sigma Delta Tau Submission Link</a>                         | August 1 <sup>st</sup> |
| Sigma Kappa       | Anyone (members and non-members)   | Emailed to <a href="mailto:ugaskrecs@gmail.com">ugaskrecs@gmail.com</a> | July 31 <sup>st</sup>  |
| Zeta Tau Alpha    | Does not accept LoRs   | N/A   | N/A                    |