

Letters of Recommendation Information 2026

Frequently Asked Questions:

- **What are Letters of Recommendation (LORs)?**
 - Letters of recommendation are an **OPTIONAL** way for a Potential New Member (PNM) to be introduced to a sorority.
 - These are mostly forms to be filled out online, not written as a traditional letter.
- **Are LoRs important?**
 - No sorority at UGA requires a Letter of Recommendation to consider someone for membership. ***Having one or not will not affect whether you receive a bid.***
- **How many LoRs should I have?**
 - Quality over quantity! More letters don't increase your chances of receiving a bid or enjoying the recruitment experience. Instead, focus your energy on your registration form and Round 1 video response, those matter more.
- **Who can write a LoR?**
 - Some sororities only accept LoRs from Alumni members, some accept from Alumni and current collegiate members, and some will accept a LoR from anyone. Refer to the table below for eligibility.
- **How do I go about finding people to complete a LoR for me?**
 - Ask someone who knows you personally and can genuinely speak to your character, accomplishments, and personality. This could be a family member, teacher, coach, neighbor, employer, etc.
 - **We do not recommend asking a stranger to complete a letter of recommendation for you.**
 - Once you identify a person who is willing to write one for you, send them the link and due date. It's always nice to follow up with a thank you!
- **Should I send more than one LoR per sorority?**
 - No, do not send more than one LoR to the same sorority.
- **Should I send chapters a resume or headshot?**
 - Nope! Chapters do not need any more materials other than what you put in your registration form. The registration asks for your activities, experiences, etc. so typical resume information will be there. Do not email or mail chapters additional information.
- **If a sorority accepts from Alumni only, does it have to be from a UGA Alumni?**
 - No-it can be from alumni of *any* chapter of that sorority, not just UGA.
- **If a sorority accepts LoRs from anyone, what does that mean?**
 - It means that anyone that knows the PNM well and can speak to her character can complete it, whether they are a member of that sorority or not.
- **What if I don't know anyone in a sorority?**
 - That is totally okay! Having or not having LoRs will not impact your recruitment experience.

Feel free to contact panhellenicrec@uga.edu or call the Greek Life Office at (706) 542-4612 with any questions.



Sorority	Accepts LoRs from:	Submission	Due Date
Alpha Chi Omega	Alumni of Alpha Chi Omega (any university)	Alpha Chi Omega Submission Link	August 1 st
Alpha Delta Pi	Alumni of Alpha Delta Pi (any university)	Alpha Delta Pi Submission Link	July 31 st
Alpha Gamma Delta	Anyone (members and non-members)	Alpha Gamma Delta Submission Link	August 10 th
Alpha Omicron Pi	Does not accept LoRs	N/A	N/A
Alpha Phi	Alumni and collegiate members of Alpha Phi (any university)	Alpha Phi Submission Link	July 31 st
Alpha Xi Delta	Anyone (members and non-members)	Alpha Xi Delta Submission Link	July 31 st
Chi Omega	Alumni and collegiate members of Chi Omega (any university)	Chi Omega Submission Link	July 17 th
Delta Delta Delta	Alumni and collegiate members of Delta Delta Delta (any university)	Delta Delta Delta Submission Link	August 1 st
Delta Gamma	Anyone (members and non-members)	Delta Gamma Submission Link	July 30 th
Delta Phi Epsilon	Anyone (members and non-members)	Emailed to ugadphievpr@gmail.com	August 1 st
Delta Zeta	Alumni of Delta Zeta (any university)	Delta Zeta Submission Link	August 1 st
Gamma Phi Beta	Anyone (members and non-members)	Gamma Phi Beta Submission Link	August 3 rd
Kappa Alpha Theta	Anyone (members and non-members)	Kappa Alpha Theta Submission Link	July 31 st
Kappa Delta	Alumni of Kappa Delta (from any university)	Kappa Delta Submission Link	August 3 rd
Kappa Kappa Gamma	Alumni of Kappa Kappa Gamma (from any university)	Kappa Kappa Gamma Submission Link	August 1 st
Phi Mu	Does not accept LoRs	N/A	N/A
Pi Beta Phi	Alumni of Pi Beta Phi (from any university)	Pi Beta Phi Submission Link	July 31 st
Sigma Delta Tau	Alumni and current collegiate members of Sigma Delta Tau (from any university)	Sigma Delta Tau Submission Link	August 1 st
Sigma Kappa	Anyone (members and non-members)	Emailed to ugaskrecs@gmail.com	July 31 st
Zeta Tau Alpha	Does not accept LoRs	N/A	N/A